

General Practitioner

Dr. François Helleisen is a specialist in general and integrative medicine. He obtained his diplomas from the Faculties of Medicine of Paris, Montpellier and Nancy, in France.

He is also a Hospital Practitioner, certified in medical dietetics, member of several learned societies such as: American Society of Addiction Medicine, French Association of Aesthetic and Anti-Aging Medicine, Swiss Society of Micronutrition.

He was nominated in 2019 for the “Top 100 Smart Healthcare Leaders” award by the International Forum of Advancements in Healthcare in Las Vegas.

With 25 years of experience in private clinics, hospitals and practices in France and Switzerland, he has specialized in the field of nutrition and micronutrition. Addiction to a product (alcohol, tobacco, cannabis, opioids, benzodiazepines or cocaine) is accompanied by nutritional imbalances, neurotoxic and carcinogenic complications. Links are established between psychological diseases, eating disorders on the one hand and oxidative stress, deficiencies in vitamins, minerals, trace elements, alteration of the intestinal microbiome on the other hand.

Dr. François Helleisen offers a precise biochemical and genetic checkup as well as personalized and adapted medical and nutritional support.